

# Secrets of Baby Behavior: Beginning Obesity Prevention in Infancy

The South Sound Breastfeeding Network in partnership with Community Action Council WIC Program of Thurston County, Providence St Peter Hospital, and Sea Mar Community Health Center WIC program is pleased to announce a breastfeeding conference on Friday March 9, 2012 featuring Jane Heinig, PhD, IBCLC



At the conclusion of this training, you will be able to:

1. Describe how misunderstanding infant behavior leads to early weaning
2. Tell the difference between the 6 infant states of arousal and awareness
3. List the difference between types of infant cues
4. Describe normal infant sleep patterns in the first 6 months of life
5. List 2 factors associated with "persistent crying" among young infants
6. List at least 3 "Baby Behavior" messages you can share with parents

Dr. Heinig is the Executive Director of the UC Davis Human Lactation Center. <http://nutrition.ucdavis.edu/faculty/heiniq/index.cfm>

<b>When</b>	Friday, March 9, 2012
<b>Time</b>	Registration and Networking: 8:00AM Presentation: 9:00AM to 5:00PM
<b>Where</b>	St Martin's Worthington Conference Center Located in the Marcus Pavilion off Pacific Avenue 5000 Abbey Way SE, Olympia, WA 98503-7500 Free parking
<b>Who</b>	MD, RN, IBCLC, WIC staff, RD, childbirth educators, daycare providers, doulas  Quiet nursing babies in arms welcome
<b>Cost</b>	\$95.00 – We plan to email training materials at the end of February
<b>Register now</b>	The South Sound Breastfeeding Network <a href="http://www.southsoundbreastfeeding.org">www.southsoundbreastfeeding.org</a> Link to Brown Paper Tickets <a href="http://www.brownpapertickets.com/event/215889">http://www.brownpapertickets.com/event/215889</a>  Space limited. Credit Card only. No refunds. Substitutions OK. No walk-ins.
<b>Food</b>	Lunch is included in the registration fee Vegan and gluten free options offered

<b>How to get there</b>	<p><a href="http://www.stmartin.edu/worthington/Travel.aspx">www.stmartin.edu/worthington/Travel.aspx</a></p> <p>From Interstate 5 northbound take exit 108 From Interstate 5 southbound take exit 109</p> <p>From College Street, enter the campus from either Sixth Avenue or follow College Street to Lacey Boulevard, turn left, then left again at Franz Street to the entrance at Pacific Avenue and Father Meinrad Gaul Drive. From either entrance, follow signs to the Marcus Pavilion.</p>
<b>Local lodging</b>	<p><a href="http://www.stmartin.edu/worthington/Accomm.aspx">www.stmartin.edu/worthington/Accomm.aspx</a></p>
<b>CEUs and CERPs</b>	<p>6 IBCLC CERPs have been applied for Eligible for 6 CEU &amp; CME Category II credits</p>
<b>Who</b>	<p>The South Sound Breastfeeding Network <a href="http://www.southsoundbreastfeeding.org">www.southsoundbreastfeeding.org</a></p> <p>SSBFN tax payer ID: UBI 602521550 EIN 8000311118</p>

